

## Tour de Ski China 2008/2009, 28th Dec - 7th Jan

### Inner Mongolia, Changchun, Shangri-la

Dear Athletes and crew in 60 persons group, leaving for China on Thursday next week, Dec. 25!  
 Since we now are pretty close to departure, you here got final information and updated time schedule.

#### GROUP LEADER INFORMATION

Name & departure	Swedish no.	Chinese no.	How to recognize?
Janne Pettersson (Departure from Stockholm)	+46 706 510 811	Will be told upon arrival	
Tobbe Pettersson (Departure from Copenhagen)	+46 733 836 386	+86 136 9916 0348	

**SKI WAXING:** Two Swedish guys, Rolf Häggström and Bengt Hjort, will be responsible to give you wax service and there will be waxing facilities at all three different hotels at the stages. We kindly ask you to bring prepared skies, one pair for free and one pair for classical technique. Be aware of total weight of luggage, do not bring to many skies. Waxing team will give all athletes the same final preparation for different stages. If you want anything else, as high flour powder, you have to bring it yourself. Snow conditions are supposed to be like this; artificial snow, aggressive, dry, very cold.

**CLIMATE:** You should calculate with low temperatures since the average temperature for example in Changchun in January, is -17 C. In Beijing it is normally not so cold but wind and humidity makes you feel the winter cold also there.

#### HOTEL LIST:

1. Beijing Capital Hotel, No. 3 qianmen dong da street, Beijing, China. Tel: +86-10-58159988
2. Wu Zhu Qin Hotel, Hanwula west street, Inter Mongolia. Tel :+86-479-3527788
3. Shangri-La Hotel, 569 Xian Road, Changchun, China. Tel: 0086-431-8898 1818
4. Kunming Jin Jiang Hotel, No.98 Beijing Road, Kunming, Yunnan. Tel: +86-871-3138888
5. Paradise Hotel, Middle Street, Changzheng Street, Shangri-la, Yunnan. Tel: +0086-887-8228008

**CURRENCY:** In China the currency is CNY, named as Yuan but most often called RMB. At our hotels (at least in Beijing, Changchun and Kunming) we will be able to change Euro, SEK and more. There is also a bank machine (AMT) in the cities.

Today's exchange rate: 100 CNY = 10,26 € = 112 SEK

**TIME ZONE:** GMT +8 hours (from Sweden +7 hours in winter time)

**CLOTHING:** We will take part in several dinners and banquets, at least in Changchun. There is no formal demands but as always in China it will be a solemn atmosphere and our hosts will be dressed up and for that reason we recommend you coming a bit "formal clothing".

**LUGGAGE:** Normally allowed check in luggage is 20 kg and hand luggage is 7 kg. As written in invitation, over weight luggage fee have to be paid individual. SAS have told us pre reservation for ski equipment is not necessary when departure from Stockholm, Oslo and Copenhagen. *Ski bags from Helsinki and Riga are all confirmed as OK from SAS.*

**ELECTRICITY:** 220 V.

**SHOPPING:** Please advice, if possible, to have extra space in your luggage for return journey. You find very nice prices of winter jackets, DVD movies, glasses, contact lenses, suitcases and more. You can also let a tailor make your clothes at favourable prices.

You must learn to bargain about the price! Massage and Beauty treatments are also worth its price.

## FROM ALL OF US – TO ALL OF YOU – MERRY CHRISTMAS!



Vasaloppet China 2009 year's snow sculpture. It will be 16 meters high, more than 120 meters long and 14 meters thick

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**Updated Event Program 2008-12-17**

**Thursday Dec. 25, 2008**

The group of total 100 skiers depart with SAS from Stockholm Arlanda or other SAS origins.

**Friday Dec. 26, 2008**

Arrival in Beijing. Transfer to hotel. The rest of day free to rest or go sightseeing on your own.

**Saturday Dec. 27, 2008**

Domestic flight for Inner Mongolia.

**Sunday, Dec. 28, 2008** – Xiwuqi, Stage1: 5 km Free Style

09:30 Grand Opening of Tour De Ski China 2008-2009  
10:00 Start Men (30 seconds interval)  
11:30 Start Women (30 seconds interval)  
12:30 Award Ceremony  
12:30-14:00 Lunch in Hotel

**Monday Dec. 29, 2008** – Xiwuqi, Stage 2: 1.4 km Sprint in Free Style

10:00 Start Men's Qualification Rounds  
10:30 Start Women's Qualification Rounds  
11:00 Men's Quarter Finals  
11:20 Women's Quarter Finals  
11:40 Men's Semi Finals  
11:50 Women's Semi Finals  
12:00 Men's Final  
12.10 Women's Final  
12:40 Award Ceremony  
12:40-14:00 Lunch in Hotel

**Tuesday Dec. 30, 2008**

Domestic flight Inner Mongolia-Beijing-Changchun

**Wednesday Dec. 31, 2008** – Changchun, Stage 3: 1500m sprint Free Style

10:30 Start Men's Qualification Rounds  
11:00 Start Women's Qualification Rounds  
11:40 Men's Quarter Finals  
12:00 Women's Quarter Finals  
12:20 Men's Semi Finals  
12:30 Women's Semi Finals

12:40 Men's Finals  
12:50 Women's Finals  
13:00 Award Ceremony  
Arena Lunch at 12:30  
New Years Banquet and Vasa Bar in the evening

#### **Thursday Jan 01, 2009**

Training and relaxing day.

#### **Friday Jan. 02, 2009 – Changchun, Stage 4: 50 km Vasa, Classic Style**

09:00 Opening ceremony for 7<sup>th</sup> Vasaloppet China in Changchun.  
09:30 Start 50 KM Vasaloppet China, Classic style  
13:00 Award Ceremony

In the evening at 18:30, all participants are invited to Vasaloppet Banquet and Vasa Bar with entertainment.

#### **Saturday Jan. 03, 2009**

Domestic flight Changchun-Kunming. One night at Hotel in Kunming

#### **Sunday Jan. 04, 2009**

Flight Kunming-Shangri-la in the morning. Free training in the afternoon

#### **Monday, Jan. 05, 2009 – Shangri-la, Stage 5: Qualification Rounds in Free Style - 1000 m (two loops of 500m)**

11:00 Start Men Qualification Round  
11:30 Start Women Qualification Round

#### **Tuesday Jan. 06, 2009– Shangri-la, Stage 5: Final Rounds in Free Style - 1000 m (two loops of 500 m)**

10:00 Opening Ceremony  
10:45 Men's Quarter Finals  
11:05 Women's Quarter Finals  
11:25 Men's Semi Finals  
11.35 Women's Semi Finals  
11:55 Men's Final  
12.05 Women's Final  
12.45 Award Ceremony

#### **Wednesday Jan. 07, 2009**

Domestic flight Shangri-La-Kunming-Beijing.