

DM 10000 M  
2017-05-17 19:00  
Älvsållen Ljusdal  
Järvsö IF

**10000 M**

| <b>Namn</b>          | <b>Förening</b>      | <b>Klass</b> | <b>Plac</b> | <b>Resultat</b> |
|----------------------|----------------------|--------------|-------------|-----------------|
| Jonas Robertsson 74  | Ljusdal running club | M40          | 1           | 37.27.99        |
| Chris Olsson -76     | Ljusdal running club | M40          | 2           | 38.18.48        |
| Jörgen Östh -69      | Ljusdal running club | M45          | 3           | 38.42.29        |
| Karl Wallander -87   | Edsbyns IF           | MS           | 4           | 39.41.50        |
| Adam Burström -89    | Ljusdal running club | MS           | 5           | 40.57.17        |
| Helena Fernström -78 | Vallsta SK           | K35          | 6           | 41.25.63        |
| Bo Larsson -51       | Järvsö IF            | M65          | 7           | 46.38.46        |
| Torvald Pääjärvi -48 | Järvsö IF            | M65          | 8           | 48.29.82        |

**10000 M per klass**

| <b>Namn</b>          | <b>Förening</b>      | <b>Klass</b> | <b>Plac</b> | <b>Resultat</b> |
|----------------------|----------------------|--------------|-------------|-----------------|
| Helena Fernström -78 | Vallsta SK           | K35          | 1           | 41.25.63        |
| Jonas Robertsson 74  | Ljusdal running club | M40          | 1           | 37.27.99        |
| Chris Olsson -76     | Ljusdal running club | M40          | 2           | 38.18.48        |
| Jörgen Östh -69      | Ljusdal running club | M45          | 1           | 38.42.29        |
| Bo Larsson -51       | Järvsö IF            | M65          | 1           | 46.38.46        |
| Torvald Pääjärvi -48 | Järvsö IF            | M65          | 2           | 48.29.82        |
| Karl Wallander -87   | Edsbyns IF           | MS           | 1           | 39.41.50        |
| Adam Burström -89    | Ljusdal running club | MS           | 2           | 40.57.17        |