

**Tynderö-Cupen :****Resultat****Knatte 0-6**

Knatte 0-6 år 500m Fri Stil Massstart

Plac	Namn	Klubb	Tid	Diff
1	Oscar Gustafsson	Vårby IK		
2	Isak Rundén	Tynderö IK		
3	Eskil Lindblom	Bergeforsens SK		
4	Agnes Feil	Stockviks SF		
5	Julia Wikander	Alnö SK		
6	Lovisa Vestman	Bondsjöhöjdens IK		
7	Albin Nordling	Tynderö IK		
8	Emilia Forssén	Tynderö IK		
9	Adam Lindström	Tynderö IK		
10	Eline Andersson	Bergeforsens SK		
11	Martin Fahlberg	Bergeforsens SK		
12	Wilmer Persson	Tynderö IK		
13	Åke Ede'n	Ljustorps IF		

**Resultat****Knatte 7-8**

Knatte 7-8 år 800m Fri Stil Massstart

Plac	Namn	Klubb	Tid	Diff
1	Erik Gustafsson	Vårby IK		
2	Nils Rönnestrand	Ås IF		
3	Ida Gradin	Stöde IF		
4	Astrid Forslund	Stockviks SF		
5	Noelia Frank	Alnö SK		
6	Alva Strand	Selånger SOK		
7	Alva Nordling	Tynderö IK		
8	Liisa Fröberg	Nordingrå SK		
9	Elin Norrgård	Tynderö IK		
10	Benjamin Hansson	Bergeforsens SK		
11	Ella Forssén	Tynderö IK		
12	Levis Andersson	Bergeforsens SK		
13	Assar Ede'n	Ljustorps IF		
14	Vince Andersson	Bergeforsens SK		
15	Christelle Edlund	Tynderö IK		
16	Tuva Häggström	Tynderö IK		

**Resultat****H 9-10**

H 9-10 - 2.0km Intervallstart fri stil

Plac	Namn	Klubb	Tid	Diff
1	Hugo Nilsson	Hudiksvalls IF	00:05:45.40	00:00:00.00
2	Simon Nordlander	Stockviks SF	00:06:06.51	00:00:21.11
3	Hugo Nordlander	Stockviks SF	00:06:09.60	00:00:24.20
4	Viking Olsson	Husums IF SK	00:06:21.14	00:00:35.74
5	Björn Rönnestrand	Ås IF	00:06:21.80	00:00:36.40



6	Elis Liukkonen	IF Strategen	00:06:35.76	00:00:50.36
7	Elias Bengtsson	Tynderö IK	00:06:55.94	00:01:10.54
8	Mattias Larsson	Matfors SK	00:07:03.65	00:01:18.25
9	Emil Lundgren	Stockviks SF	00:07:37.35	00:01:51.95
10	Olle Karlsson	Sundbybergs IK	00:08:00.11	00:02:14.71
11	Markus Engberg	Matfors SK	00:08:01.56	00:02:16.16
12	Linus Bylund	Tynderö IK	00:08:09.63	00:02:24.23
13	Adrian Hansson	Bergeforsens SK	00:08:15.34	00:02:29.94
14	Viktor Vestman	Bondsjöhöjdens IK	00:08:23.03	00:02:37.63
15	Alfred Johansson	Selånger SOK	00:08:26.54	00:02:41.14
16	Erik Andersson	Bergeforsens SK	00:08:51.32	00:03:05.92
17	William Forslund	Stockviks SF	00:09:47.94	00:04:02.54
18	Philip Liljeqvist Sundbo	Bergeforsens SK	00:10:30.73	00:04:45.33
19	Aron Ede'n	Ljustorps IF	00:17:02.96	00:11:17.56

**Resultat**

D 9-10

D 9-10 - 2.0km Intervallstart fri stil

Plac	Namn	Klubb	Tid	Diff
1	Alva Nilsson	Bergeforsens SK	00:07:13.18	00:00:00.00
2	Emma Strand	Selånger SOK	00:07:35.14	00:00:21.96
3	Wilma Larsson	Stockviks SF	00:07:36.42	00:00:23.24
4	Signe Feil	Stockviks SF	00:08:06.65	00:00:53.47
5	Ines Lignell	Lucksta IF	00:08:10.98	00:00:57.80
6	Ida Bergfors	Matfors SK	00:08:28.94	00:01:15.76
7	Astrid Öhrn	Bergeforsens SK	00:09:08.73	00:01:55.55
8	Tilde Häggström	Tynderö IK	00:11:43.82	00:04:30.64
9	Julia Dahl	Tynderö IK	00:13:12.24	00:05:59.06
10	Sara Kindlund	Tynderö IK	00:14:17.02	00:07:03.84

**Resultat**

H 11-12

H 11-12 - 2.8km Intervallstart fri stil

Plac	Namn	Klubb	Tid	Diff
1	Oskar Vikström	Stockviks SF	00:08:17.23	00:00:00.00
2	Carl Gustafsson	Vårby IK	00:08:43.54	00:00:26.31
3	Arve Lignell	Lucksta IF	00:08:44.17	00:00:26.94
4	Felix Vesterlund	IF Strategen	00:08:53.85	00:00:36.62
5	Anders Dahl	Alnö SK	00:09:32.86	00:01:15.63
6	Nils Norberg	Lucksta IF	00:09:33.21	00:01:15.98
7	Johan Lindén	Selånger SOK	00:10:22.98	00:02:05.75
8	Markus Juntikka	Bondsjöhöjdens IK	00:10:24.89	00:02:07.66
9	Hampus Konradsson	Stockviks SF	00:10:51.78	00:02:34.55
10	Isak Bodin	Sollefteå Skidor IF	00:10:57.99	00:02:40.76
11	Albin Lindström	IF Strategen	00:11:53.71	00:03:36.48
12	Kevin Edlund	Tynderö IK	00:12:18.21	00:04:00.98



**Resultat**

D 11-12

D 11-12 - 2.8km Intervallstart fri stil

Plac	Namn	Klubb	Tid	Diff
1	Frida Poromaa	Johannisbergs AIK	00:08:05.28	00:00:00.00
2	Emma Holmgren	Bergeforsens SK	00:08:45.49	00:00:40.21
3	Lia Jenhagen	Alnö SK	00:08:50.44	00:00:45.16
4	Ebba Englund	Bergeforsens SK	00:08:51.48	00:00:46.20
5	Lisa Hansen	IF Strategen	00:09:20.98	00:01:15.70
6	Sara Henriksson	Tynderö IK	00:09:24.24	00:01:18.96
7	Frida Hamrin	Alnö SK	00:09:33.16	00:01:27.88
8	Linn Gradin	Stöde IF	00:09:34.01	00:01:28.73
9	Maja Andersson	Bergeforsens SK	00:09:38.57	00:01:33.29
10	Elin Näslund	Vårby IK	00:09:38.98	00:01:33.70
11	Lina Lundgren	IF Strategen	00:10:03.26	00:01:57.98
12	Elsa Granholm	Stockviks SF	00:10:23.12	00:02:17.84
13	Klara Forslund	Stockviks SF	00:10:49.37	00:02:44.09
14	Ebba Bengtsson	Tynderö IK	00:10:54.33	00:02:49.05
15	Tea Hedlund	Stockviks SF	00:10:59.73	00:02:54.45
16	Ylva Sandström	Stockviks SF	00:11:09.72	00:03:04.44
17	Maja Fröberg	Nordingrå SK	00:12:03.63	00:03:58.35
18	Kristina Vestman	Bondsjöhöjdens IK	00:12:38.76	00:04:33.48
19	Sara Johansson	Selånger SOK	00:14:14.95	00:06:09.67
20	Marielle Norberg	Tynderö IK	00:16:25.14	00:08:19.86

**Resultat**

H 13-14

H 13-14 - 2.8km Intervallstart fri stil

Plac	Namn	Klubb	Tid	Diff
1	Rasmus Vesterlund	IF Strategen	00:07:23.35	00:00:00.00
2	Hampus Bodin	Sollefteå Skidor IF	00:07:32.08	00:00:08.73
3	Viktor Wiig	IF Strategen	00:07:46.77	00:00:23.42
4	Joel Jänes	Stockviks SF	00:07:56.41	00:00:33.06
5	Tor Rönnestrand	Ås IF	00:08:10.11	00:00:46.76
6	Jonne Liukkonen	IF Strategen	00:08:11.85	00:00:48.50
7	Filip Borgström	IF Strategen	00:08:18.36	00:00:55.01
8	Axel Lundgren	Stockviks SF	00:08:25.89	00:01:02.54
9	Vincent Johnson	Matfors SK	00:08:32.47	00:01:09.12
10	Elias Hansson	Bergeforsens SK	00:09:35.52	00:02:12.17

**Resultat**

D 13-14

D 13-14 - 2.8km Intervallstart fri stil

Plac	Namn	Klubb	Tid	Diff
1	Magdalena Nilsson	Högåkers OK	00:07:31.95	00:00:00.00
2	Nora Lignell	Lucksta IF	00:07:44.37	00:00:12.42



3	Hanna Holmgren	Bergeforsens SK	00:08:16.69	00:00:44.74
4	Emelie Englund	Bergeforsens SK	00:08:30.51	00:00:58.56
5	Agnes Öhrn	Bergeforsens SK	00:08:43.55	00:01:11.60
6	Ida Nilsson	Bergeforsens SK	00:08:44.33	00:01:12.38
7	Hanna Nilsson	Matfors SK	00:08:51.87	00:01:19.92
8	Lowisa Engholm	Stöde IF	00:09:25.98	00:01:54.03
9	Julia Nordlander	Stockviks SF	00:09:33.03	00:02:01.08
10	Odelia Östlund	Tynderö IK	00:11:21.58	00:03:49.63
11	Ida Kindlund	Tynderö IK	00:12:41.49	00:05:09.54
12	Simone Weckenberg	Tynderö IK	00:12:46.42	00:05:14.47
13	Lydia Grandin	Tynderö IK	00:13:20.57	00:05:48.62

**Resultat**

H 15-16

H 15-16 - 5.0km Intervallstart fri stil

Plac	Namn	Klubb	Tid	Diff
1	William Poromaa	Johannisbergs AIK	00:13:32.70	00:00:00.00
2	Petter Dahl	Alnö SK	00:14:28.23	00:00:55.53
3	Vilgot Lindh	Bondsjöhöjdens IK	00:14:59.63	00:01:26.93
4	Timor Sandberg	Jättendals IF	00:15:18.05	00:01:45.35
5	Nils Lundgren	Stockviks SF	00:15:34.36	00:02:01.66
6	Hugo Harnäs	Kjelsås	00:16:08.52	00:02:35.82
7	Oskar Hammarström	Jättendals IF	00:16:59.94	00:03:27.24
8	Richard Engholm	Stöde IF	00:17:11.46	00:03:38.76
9	Albin Johansson	Bergeforsens SK	00:19:12.10	00:05:39.40

**Resultat**

D 15-16

D 15-16 - 5.0km Intervallstart fri stil

Plac	Namn	Klubb	Tid	Diff
1	Frida Karlsson	Sollefteå Skidor IF	00:14:00.79	00:00:00.00
2	Alice Hellström	Stockviks SF	00:15:25.49	00:01:24.70
3	Lovisa Olsson	Husums IF SK	00:15:52.29	00:01:51.50
4	Frida Olofsson	Vårby IK	00:16:55.70	00:02:54.91
5	Frida Vikström	Stockviks SF	00:17:28.61	00:03:27.82

**Resultat**

D 17-18

D 17-18 - 5.0km Intervallstart fri stil

Plac	Namn	Klubb	Tid	Diff
1	Ebba Andersson	Sollefteå Skidor IF	00:12:45.96	00:00:00.00
2	Alicia Persson	Stockviks SF	00:13:45.11	00:00:59.15
3	Filippa Lindman	Stockviks SF	00:13:58.63	00:01:12.67
4	Fanny Johansson	Stockviks SF	00:15:18.85	00:02:32.89



5	Sandra Wiig	Stockviks SF	00:15:25.66	00:02:39.70
6	Vendela Blom	Stockviks SF	00:15:48.81	00:03:02.85

**Resultat**

D 19-20

D 19-20 - 5.0km Intervallstart fri stil

Plac	Namn	Klubb	Tid	Diff
1	Jenny Solin	Sollefteå Skidor IF	00:13:49.91	00:00:00.00
2	Moa Kristiansen	Domnarvet	00:13:53.95	00:00:04.04
3	Linnea Stark	Stockviks SF	00:14:24.26	00:00:34.35
4	Vendela Vestin	Sollefteå Skidor IF	00:14:35.73	00:00:45.82
5	Emmalisa Strömberg	Sollefteå Skidor IF	00:14:49.80	00:00:59.89
6	Elin Fjellström	Karlslunds IF	00:18:21.25	00:04:31.34
7	Louise Dahl	Tynderö IK	00:18:24.74	00:04:34.83

**Resultat**

H 17-18

H 17-18 - 7.5km Intervallstart fri stil

Plac	Namn	Klubb	Tid	Diff
1	Fredrik Andersson	Sollefteå Skidor IF	00:19:21.31	00:00:00.00
2	Andreas Hamrin	Alnö SK	00:20:34.80	00:01:13.49
3	Elias Olofsson	Vårby IK	00:20:35.12	00:01:13.81
4	Jacob Stark	Stockviks SF	00:21:05.25	00:01:43.94
5	Tobias Lindman	Stockviks SF	00:21:06.49	00:01:45.18
6	Mattias Sundin	Kramfors-Alliansen	00:21:32.42	00:02:11.11

**Resultat**

D 21-

D 21 - 5.0km Intervallstart fri stil

Plac	Namn	Klubb	Tid	Diff
1	Charlotte Kalla	Piteå Elit	00:12:26.47	00:00:00.00
2	Elin Molin	Sollefteå Skidor IF	00:12:56.62	00:00:30.15
3	Anna Thunström	Bergeforsens SK	00:13:53.63	00:01:27.16
4	Isabelle Persson	Stockviks SF	00:13:57.55	00:01:31.08
5	Jackline Lockner	Hudiksvalls IF	00:14:00.44	00:01:33.97
6	Eva Johansson	Linköpings SK	00:14:58.82	00:02:32.35
7	Julia Nyström	Nordingrå SK	00:14:59.21	00:02:32.74
8	Terese Andersson	IFK Umeå	00:15:10.74	00:02:44.27
9	Susanne Liukkonen	IF Strategen	00:15:36.77	00:03:10.30
10	Louise Persson	Stockviks SF	00:16:24.06	00:03:57.59
11	Irené Larsson	Matfors SK	00:18:46.10	00:06:19.63

**Resultat**

H 21-

H 21 - 10.0km Intervallstart fri stil

Plac	Namn	Klubb	Tid	Diff
1	Anders Svanebo	Stockviks SF	00:22:55.68	00:00:00.00
2	Anton Karlsson	Åsarna IK	00:24:20.79	00:01:25.11
3	Jörgen Brink	Hudiksvalls IF	00:24:21.28	00:01:25.60
4	Anders Jonsson	Stockviks SF	00:24:51.20	00:01:55.52
5	Andreas Holmberg	IFK Mora SK	00:25:04.84	00:02:09.16
6	Sebastian Olsson	Stockviks SF	00:26:38.68	00:03:43.00
7	Martin Hammarberg	Sundsvalls OK	00:26:57.58	00:04:01.90
8	Simon Lageson	Åsarna IK	00:27:37.40	00:04:41.72
9	Mikael Henriksson	Tynderö IK	00:28:20.97	00:05:25.29
10	Harald Kempe	Tynderö IK	00:28:24.44	00:05:28.76
11	John Eriksson	Ljustorps IF	00:28:49.98	00:05:54.30
12	Gustaf Olsson	Bergeforsens SK	00:29:38.95	00:06:43.27
13	Thomas Henriksson	Tynderö IK	00:29:41.63	00:06:45.95
14	Torsten Kempe	Tynderö IK	00:31:49.96	00:08:54.28
15	Henrik Häggström	Tynderö IK	00:34:32.37	00:11:36.69
16	Thomas Bengtsson	Tynderö IK	00:42:34.24	00:19:38.56